



## Community Growing Project June Newsletter 2015

### Farmers Market



11am Saturday 11<sup>th</sup> July, Raebhat House. We will be having a sale of fresh, organic, local produce. Help us reach our carbon emissions savings targets, why not consider walking, cycling or car-sharing to attend the sale? Or ring to book the [Horshader Minibus](#).

Each customer will be given a FREE Horshader Community Growing Project canvas shopping bag!

Remember you can also visit the polycrubs between 9am-5pm, Monday to Friday to order your fresh produce.



### Upcoming Events

**Dates for your Diary!** Don't forget about the exciting events coming up in July that the Growing Project is involved in.

**Saturday 4<sup>th</sup> July - an Lanntair 11.00am-5.00pm Fèill Biadh : Food Festival.** We will have a stall highlighting the work of the project and sample produce, alongside other local producers, butchers and fishmongers. Come along and celebrate the variety of local food production.

**Thursday 16<sup>th</sup> July - Horshader Growing Units 12.30pm Blas an Fhèis : Taste of the Festival.** Alasdair MacLeod and Maggie Mackenzie will be using seasonal produce in a cookery demonstration at the polycrubs, accompanied with live music this event isn't to be missed. We will be running a shuttle service from the Old School, please make use of this service from 11.45am. Visit the HCF website for more information

<https://www.hebceltfest.com/festival/communityevents/>



COMHAIRLE NAN EILEAN SIAR



The Scottish Government  
Riaghaltas na h-Alba



## Croileagan an Taobh Siar

On Wednesday 17<sup>th</sup> June we welcomed Croileagan an Taobh Siar to the polycrubs, on a dreich day we sought shelter in the tunnels and explained the growing process to the children, from the seedlings in the solardome to transplanting plants into the polycrubs and harvesting. They took a punnet of peas away as a healthy snack, each child received a Horshader canvas bag, and they got a ride in the Horshader minibus.

In the Year of Food & Drink Scotland 2015 calendar July is the month of summer berries and fruits. So why not try this quick and easy jam recipe?

### Quick Jam

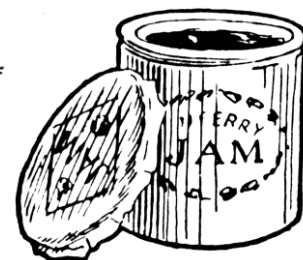
#### INGREDIENTS:

- 300g over ripe soft fruits such as strawberries, raspberries, blackberries, leaved and hulled if necessary
- 300g caster sugar

#### METHOD:

Put the soft fruit into a large pan with the caster sugar and crush lightly with a fork. Put the pan over to gently heat and bring to the boil.

Remove the scum that comes to the surface with a spoon. Reduce the jam until it becomes quite thick, then pour it into a bowl and allow to cool. Refrigerate until needed



## Get in Touch

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